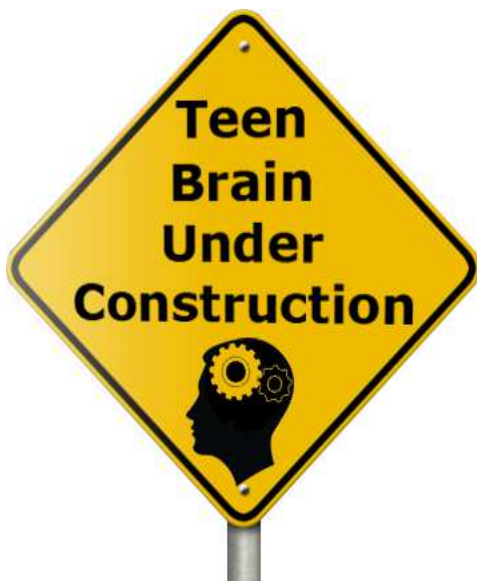


# Parenting Pre-Teens & Teenagers

## Noadswood School

Invites parents and carers to attend an informative and insightful programme of evening workshops



Ensuring the adolescent and teenage years are positive and productive takes a lot of thought, time, patience and self-control from parents and young people themselves. These workshops explore the big changes going on in the brain – changes that are driving fluctuations in behaviour, intelligence, mood and tolerance levels. The sessions are full of tips and practical actions that will increase understanding, respect and harmony at home.

Sessions are led by Lorraine Lee, a Professional Parenting Practitioner with over 15 years experience in Hampshire Schools.

*“I have been on several courses run by Lorraine and can say, without reservation, that they have been brilliant”*  
*Father of 2*

Sessions cost £8 per person. We strongly encourage as many parents as possible to attend each workshop as this improves the outcomes for all the families in the school. We look forward to seeing you!

If the cost poses an issue for your family please contact the school to discuss funding.

Use the link below each workshop to book and pay for your place. If you have a problem, please contact the school office for help.

### TITLE OF WORKSHOP

### ALL SESSIONS in Noadswood School at 7pm

Homework – Empowering children to get it done!

Wed 6 Dec 2017

Link: <https://homework-empoweringchildren.eventbrite.co.uk>

Key skills for making secondary school a success

Mon 5 Feb 2018

Link: <https://secondaryschoolsuccess.eventbrite.co.uk>

Managing anger and strong emotions

Mon 19 Mar 2018

Link: <https://managingangerandemotions.eventbrite.co.uk>

Tools to help children manage their behaviour positively

Mon 21 May 2018

Link: <https://managingbehaviourpositively.eventbrite.co.uk>

Managing online life positively

Mon 2 Jul 2018

Link: <https://managingonlinelife.eventbrite.co.uk>