

RSHE and Citizenship at Noadswood

Citizenship at Noadswood is taught across Years 7, 8, 9 and 10. In addition to the curriculum time, all students follow a dedicated tutor time programme which includes key citizenship themes. In the year 2022 – 2023, specific Citizenship and RSHE days will be run for each year group to ensure that all areas of the curriculum are delivered.

Citizenship Leads: Nicky Sullivan and Claire Blowers

Line Manager: Helen Loveday (AHT)

We want our school community to:

- ✓ Have the knowledge and cultural capital they need to be successful citizens whilst at school and in their adult life.
- ✓ Engage in a diverse and inclusive curriculum.
- ✓ Grow to be active citizens.
- ✓ Know and understand British values.
- ✓ Develop their own values and moral core through excellent teaching across our whole curriculum – not just RSHE and Citizenship lessons.

2022 - 2023 curriculum map:

Year Group	Autumn	Spring	Summer
7 RSHE 3 lessons per fortnight	Resilience, Self Esteem, Social media and bullying (including cyber bullying), families, parenting, friendships, puberty.	Healthy lifestyles, smoking, drugs, mental health and well-being (including lessons on self-harm and end of life thoughts), grief and bereavement and body positivity. The second half of the term explores finances including budgeting, spending and	Prejudice and discrimination, the law, rights and responsibilities, personal identity, British values, risk taking, emotional regulation, first aid and then, in the later part of the term, sustainability and the environment.

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		loans and interest rates.	
8 RSHE 3 lesson per fortnight	Sex Education including lessons on consent, healthy relationships, toxic relationships, sexual abuse, pornography and sexually transmitted illness.	Human rights including lessons on domestic abuse and child sexual exploitation. We also look at anti-social behaviour, binge drinking and drugs. Lessons on gambling, knife crime and the law for young people are also included this term.	British values, tolerance, prejudice and discrimination, British values and extremism and radicalisation. We then move back to revisit lessons on finances, this time looking at income and expenditure and how taxes work.
9 RSHE 2 lessons per fortnight	Human rights – access to education. Managing social anxiety Self esteem Social media Body shaming Internet safety and the dark web Screen time Perseverance and procrastination Personal safety – wider world Cyber crime and online fraud Digital footprints Money laundering GCSE revision	Multi culturalism Community cohesion How does privilege affect us? Harassment, stalking and acid attacks Criminal justice system Managing grief and bereavement Obesity and body positivity Sleep Study Skills Identity and diversity Globalisation Pollution, plastic and the environment Mental health and social media	Risk taking Gambling Online gaming Homelessness Binge Drinking First Aid inc CPR Relationships Consent, rape and sexual abuse Fertility and reproductive health Animal rights and sustainability Intro to the GCSE course including rights of the child and the Active Citizenship (local community) project
10	The 2022 – 2023 will be completing the AQA GCSE in Citizenship – sitting the exam in May 2023. The course consists of 5 units;		

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GCSE Citizenship	citizenship skills, processes and methods, Life in modern Britain, Rights and Responsibilities, Politics and participation and Active Citizenship. For the final component, students are focusing on the work of amnesty international.
2 lessons per fortnight	

We are proud of our ambition to ensure that key RSHE and Citizenship themes are delivered across our entire curriculum. We conduct an annual curriculum audit to ensure that all of the statutory requirements, and more, taught all students, across all year groups.

Curriculum Examples:

(Not an exhaustive list but a small flavour!)

English	Diversity and inclusion through text, gender diversity, cultural differences (poetry) War and conflict, community and belonging.
Maths	Work alongside the MyBank delivery on finance and budgeting.
Science	Contraception, reproduction, puberty, drugs, alcohol, and smoking.
Geography	Culture awareness, globalisation, poverty, and access to human rights.
History	Tolerance and persecution, public health.
Languages	Healthy living, global community, and social issues.
P.E	Healthy living, diet and exercise
The Arts (Art, dance, music and drama)	Creative expression, challenging stereotypes, autobiographical units exploring identity.

Current curriculum areas of priority:

The following topics are covered through RSHE or tutor time but we recognise the need for further development in these areas:

Menopause

Breast and testicular screening

Fertility and the impact of lifestyle choices

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Dental health and hygiene

Pregnancy and miscarriage

The above listed topics will be covered in lesson content but developed through planned curriculum mornings in which we aim to involve other agencies such as the local school nursing team and the sexual health nurses.

For 2022 – 2023, we will also have a renewed focus on:

Regular signposting to students following topics in lessons

Internet safety – to ensure our knowledge and delivery remains up to date with emerging tech and apps

Vaping and smoking

First Aid (with a planned curriculum morning delivered by trained First Aiders)

Tutor time:

Our citizenship lead, Nicky Sullivan, provides a weekly citizenship theme and resources which is delivered by all tutors. We have a school subscription to 'The Day' which is used to support this delivery.

In addition, all tutor groups take part in our dedicated literacy programme with every single student being read to and engaging in discussion around the text for their year group:

7: 'No Ballet Shoes in Syria'

8: 'Great Expectations'

9: 'Purple Hibiscus'

10: 'The Hitchhiker's guide to the Galaxy'

11: 'The Midnight Library'



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Careers advice and guidance

We have a dedicated careers advisor, Gordon Lewis.

Our named careers lead is Jacey Clews.

All Year 10 and 11 students have a 1:1 career appointment with Gordon.
All Year 10 have the opportunity to take part in Work Experience during the summer term.

All Year 10 students have an option to visit the college of their choice – with 3 main choices of local colleges.

Events and key speakers:

We are proud of the variety of guest speakers and events that take place to complement or RSHE and Citizenship provision. This includes:

MyBank

Amnesty International group

Contraception and Sex Ed delivery

Local politicians Q&A

Diversity Role Models

Peace Jam event – students attending in November 2022

Year 8 spring term (2023) working with the archaeology and history department at Southampton Unit – investigating democracy, rules and rights.

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Key priorities for 2022 – 2023

- Consistency in high quality teaching and learning across all year groups.
- Professional development for those teaching RSHE or Citizenship as their second subject.
- Staff skills audit – in order to understand the expertise across our staff (Degrees/A-Levels/other areas of knowledge).
- Develop the Citizenship student voice group.
- Continue to raise the profile of the Diversity Role Model group.
- Student audit of RSHE and Citizenship lessons.
- Monitoring of tutor time delivery.
- Organisation of themed days to ensure all Year groups have more than adequately covered the curriculum (we have rewritten parts of the curriculum to ensure that our older years, who were more impacted by covid closures, have still accessed their statutory requirements).